



*Town of Surfside Parks and Recreation Department
Fall Session II 2023 Registration Begins
Residents: September 26 Non-Residents: October 9 2023*



SCAN FOR FLYERS

ADULT AND SENIOR PROGRAMS

PROGRAM	DAYS/DATES	HOURS	AGES	FEE PER SESSION
Zumba	<u>Mondays</u> 11/6 - 12/18/23 No Class 11/20	9:00-10:00am	18-54yrs.	Residents \$72.00 Non-Residents \$102.00
Zumba Gold	<u>Mondays</u> 11/6 - 12/18/23 No Class 11/20	9:00-10:00am	55 & Over	Residents \$30.00 Non-Residents \$42.00
Adult Art Class	See Flyer	See Flyer	See Flyer	See Flyer
Pilates	<u>Tuesdays</u> 11/7 - 12/19/23 No Class: 11/21	7:15-8:15pm	16 & Over	Residents \$72.00 Non-Residents \$102.00
Senior Time	<u>Wednesdays</u> 11/8 - 12/20/23 No Class: 11/22	10:00-12:00pm	18 & Over	Free
Current Events	<u>Thursdays</u> 11/9 - 12/21/23 No Class: 11/23	10:15-12:15pm	18 & Over	Free
Yoga	<u>Thursdays</u> 11/9 - 12/21/23 No Class: 11/23	7:15-8:15pm	16 & Over	Residents \$72.00 Non-Residents \$102.00
Silver Sneakers: Cardio & Strength	<u>Tuesdays & Fridays</u> 11/7 - 12/22/23 No Class 11/17, 11/21 & 11/24	9:00-10:00am	50 & Over	S.S Members: Free Non-Members: \$5.00



SCAN FOR ONLINE
REGISTRATION

*For more information call the
Surfside Community Center (305) 866-3635
Website: www.townofsurfsidefl.gov*



8/18/2023