TOWN OF SURFSIDE PARKS AND RECREATION DEPARTMENT





## Active Adults and Senior Surfside Residents

## AQUA ZUMBA

Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, Aqua Zumba blends it all together into a safe, challenging, water based workout that is cardio-conditioning, body-toning and exhilarating!

TUESDAY, WEDNESDAY, AND THURSDAY



9:00 AM TO 10:00 AM NOVEMBER 7 TO DECEMBER 21, 2023 NO CLASS ON NOVEMBER 21, 22 & 23



Town of Surfside Community Center 9301 Collins Ave, Sufside Fl 33154

RESIDENT - ACTIVE ADULT: \$216 DROP IN FEE: \$15 SENIORS 55+: \$90 DROP IN FEE: \$7

## NON RESIDENT - ACTIVE ADULT: \$306 DROP IN FEE: \$23

SENIORS 55+: \$126 DROP IN FEE: \$10

Remember to bring your: water bottle, towel and bathing suit Changes/cancellations are subject to administrative fees

Registration is held at the Surfside Community Center Proof of residency is required at time of registration

Registration for residents begins on September 26th, 2023 Registration for non-residents begins October 9th, 2023



For more information please call 305.866.3635 or visit www.townofsurfsidefl.gov