



# YOGA

Thursday

November 9 - December 21

NO CLASS: 11/23

Time: 7:15 - 8:15PM

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ENJOY INVIGORATING AND RELAXING YOGA CLASSES!  
 ENGAGE IN TECHNIQUES THAT BENEFIT YOUR MIND,  
 BODY AND SPIRIT. YOU WILL LEARN PROPER BREATHING  
 EXERCISES AND RELAXATION METHODS LONG  
 ASSOCIATED WITH THIS PROVEN ANCIENT TRADITION.  
 INSTRUCTOR: ROBERTO SCIMONELLI

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## REGISTRATION

RESIDENT: SEPTEMBER 26  
NON RESIDENT: OCTOBER 9

## FEE

RESIDENT: \$72.00  
NON RESIDENT: \$102.00  
6 WEEKS = 6 CLASSES

## DROP IN FEE

RESIDENT: \$15.00  
NON RESIDENT: \$23.00

\*Registration and classes held at the Surfside community center 9301 collins avenue  
 \*Proof of residency is required at the time of registration.  
 \*Changes/cancellations are subject to administrative fees.

For more information please call (305) 866 - 3635

Website: [www.townofsurfsidefl.gov](http://www.townofsurfsidefl.gov)

