



# TAEKWONDO

This program follows the curriculum established by the ATFI, one of the National governing bodies for the International Taekwon-Do Federation in the United States. Students will learn and practice correct terminology, stances, blocking, striking, kicking, patterns, step sparring, free sparring, self-defense, and breaking techniques for each level or rank obtained. Students will not only develop discipline, respect, self-control, courtesy, integrity, and indomitable spirit, but also develop physical and mental coordination, excellent conditioning, and toughness to deal with a variety of situations, all while training in a safe environment.

## Registration Begins

**Residents – July 24**

**Non-Residents – August 14**

### Fee:

**Residents – \$168.00**

**Non-Residents – \$238.00**

**8 weeks = 7 classes**

**\*Drop ins not available**

First time participants: \$50 mandatory uniform purchase through instructor for participation in class.

\*Changes/Cancellations are subject to administrative

\*Proof of residency is required at the time of registration fees

**Monday & Wednesdays**

**September 6 – October 25**

**No class 9/25**

**Time: 6:30 pm – 7:25pm**

**Ages: 7 – 18**

**Class Space Is Limited**

Registration and class held at the  
Surfside Community Center  
9301 Collins Avenue

**INTEGRITY**

**SELF DEFENSE**

**DISCIPLINE**

**RESPECT**



For more information please call the  
Surfside Community Center (305) 866-3635

Website: [www.townofsurfsidefl.gov](http://www.townofsurfsidefl.gov)

